V: 1-18

Philippians 2 (V= Verses)

Definition of Humble: not proud, not thinking of yourself as better than other people. *What is the difference between humble and poor self image?

V 1 & 2: How can our experience of Christ and his Spirit help us achieve the unity Paul desires in V 2?

V 3 & 4: How do these versus help you understand the nature of being humble?

V 6-8: How did each of Christ's actions illustrate humility and show interest towards others? What are practical things we can do to "take on the form of a servant."

V 12: How can you be obedient in your life when nobody is watching? "What you do in the dark brings out God's light."

V 13-18: If God created you for HIM and HIS GLORY how can you better serve him without complaining? Are there areas to work on where you can live like Christ and be his light to others? Write down your blessings and start focusing on those. Read Titus 3:2

V 19-30: *Epaphroditus's story and return to the Philippians.

V 19-24: What can we learn from Timothy's life and reputation? Who is the Timothy in your life?

V 25-28: What happened to Epaphroditus and why does Paul want to send him back?

V 29-30: Have there been any miracles in your life that your family has rejoiced in?